

# For a Personal Experience



## We use **It's Never 2 Late**

dignity through technology



### **SPIRITUAL:**

- Hundreds of spiritual experiences based on personal preferences
- 20 inspirational slide shows; 48 karaoke style hymns; 36 sermons, Bible stories and spiritual websites

### **PHYSICAL:**

- Exercise videos: 26 different videos - 17 constant on the system; 9 new ones rotated into content bi-monthly
- Video designed to improve strength and balance
- Simulated bicycle program

### **SOCIAL:**

- Easy-to-use e-mail program to help stay in touch with loved ones; Skype program to increase engagement
- Easy access to internet, current events and outside world

### **INTELLECTUAL:**

- 26 games designed to improve brain function; over 30 games designed to encourage cognitive engagement
- iN2L Brain Challenge offers over 24 cognitive quizzes; over 240 quizzes on a variety of topics
- Pre-selected news sources to stay engaged with world events
- Access to virtual art museums, learn a language

### **EMOTIONAL:**

- Music therapy program designed by music therapists
- Over 100 relaxation video options including music/ambient sounds
- Customization of personal information - photos, videos, interests
- Health tips to encourage healthy lifestyle choices

*Grace*  
HEALTHCARE of THREE RIVERS  
SERVING YOU FROM OUR HEART

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